

Professional, in-depth Coach Training

Beyond Technique

Coaching Essentials Programme

Professional Accreditation

This 10 day course is accredited by the International Coach Federation (ICF) as providing 65 hours of Approved Coach Specific Training Hours (ACSTH). It is designed for individuals wanting a thorough grounding in fundamental coaching skills, as well as for organisations wishing to develop an internal coaching capability. We will train you in the necessary knowledge and skills to apply to take the ICF examination for the Associate Certified Coach (ACC) credential.

Course Approach

Coaching Essentials provides essential coach training in all the core coaching competencies as defined by the ICF. Through taught input and experiential work, with extensive practice, observations and feedback, you develop the knowledge, attitudes and skills required of a skilled, ethical coach. It is a high quality, thorough first training in coaching which will be invaluable for people who wish to integrate coaching into their professional lives.

Programme Aim

At the end of the training element, you will:

- Develop coaching skills (as specified by the ICF's core coaching competencies) to ACC level;
- Integrate knowledge across a number of key coaching subject areas;
- Integrate the practical application of coaching models, tools and competencies;
- Contextualise coaching within the wider field of learning and development, and leadership.

The Trainer

This programme will be led by Karen Pratt, PCC. Karen trained with Coaching Development and is now a valued member of its training staff. Karen is Africa's only Teaching and Supervising Transactional Analyst in Education and is also a certified Coach Supervisor and Appreciative Inquiry facilitator and trainer. Karen's work is mainly in the transformational and educational field where she works with groups and individuals.

Fees and Availability

This Coaching Development Programme will take place in Cape Town, South Africa, over 10 days in 4 modules:

Mod 1	17-19 March 2017
Mod 2	7-9 April 2017
Mod 3	12-13 May 2017
Mod 4	10-11 June 2017

The fee will be ZAR 35 000.00 with an early bird fee of ZAR 31 500.00 for applications and payments in full received by 1st March 2017. Places on the programme are limited. Fees include tuition, notes, teas and lunch.

Venue


District Six Guesthouse
2 Chester Road
District Six
Cape Town
www.districtsixguesthouse.co.za

Accommodation

Accommodation can be arranged at the venue for out of town participants.

For bookings contact Karen Pratt:

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Cell: +27 (0)82 4508331
www.coachingdevelopment.com



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